

# 4th Annual Cardiometabolic Risk in Inflammatory Conditions: Emerging Insights and Treatment of Inflammation in Cardiovascular Disease

Friday, April 26, 2024

## AGENDA

7:45 AM EDT **Registration and Continental Breakfast**

8:15 **Welcome and Introductions**  
Moderator: Michael S. Garshick, MD

### Session 1: Evolving Concepts on Inflammation and Cardiovascular Disease

8:25 **Inflammation and Cardiovascular Disease: What do Cardiologists Need to Know?**  
Paul M. Ridker, MD, MPH

8:50 **Cardiovascular Complications of Systemic Vasculitis: The Role of the Cardiologist**  
Taryn Youngstein, BSc, MBBS, MD, FRCP

9:15 **Inflammation and Cardiovascular Disease: Lessons from the Land of Gout**  
Michael H. Pillinger, MD

9:40 **Panel Question and Answer Session**  
Moderator: Brittany Weber, MD, PhD  
Panelists: Michael H. Pillinger, MD, Paul M. Ridker, MD, MPH, Taryn Youngstein, BSc, MBBS, MD, FRCP

### Session 2: Hot topics and Updates in Cardio-Rheumatology

10:00 **Updates in RA Trials Targeting Cardiovascular Risk**  
Jon Giles, MD, MPH

10:25 **Scleroderma and Cardiopulmonary Manifestations**  
Monica Mukherjee, MD, MPH

10:50 **Coffee Break**

### Session 3: Practical Approaches to Treat Cardiovascular Disease in Autoimmunity

11:20 **Cardiovascular Implications of Autoimmunity in Pregnancy**  
Lisa Sammaritano, MD

11:40 **A Practical Approach to Treating Pericarditis: Upping Your Immunosuppressive Game**  
Michael S. Garshick, MD

12:00 PM EDT **Panel Question and Answer Session**  
Moderator: Antonio Abbate, MD, PhD  
Panelists: Michael S. Garshick, MD, Jon Giles, MD, MPH, Monica Mukherjee, MD, MPH, Lisa Sammaritano, MD

12:20 **Lunch Break**

1:20 **Colchicine, is it finally time?**  
Binita Shah, MD, MS

1:40 **A Cardiologists Approach to SLE: Cases and Discussion**  
Moderator: Brittany Weber, MD, PhD  
Panelists: H. Michael Belmont, MD, Jill P. Buyon, MD, Paula Harvey

2:05 **Coffee Break**

### Session 4: Case Based Discussions - Putting it All Together

2:35 **Cases and Panel Discussion**  
Moderator: Binita Shah, MD, MS  
Michael S. Garshick, MD, Brittany Weber, MD, PhD  
Panelists: Antonio Abbate, MD, PhD, H. Michael Belmont, MD, Jill P. Buyon, MD, Jon Giles, MD, MPH, Paula Harvey, Eileen J. Lydon, NP, Monica Mukherjee, MD, MPH, Paul M. Ridker, MD, MPH, Lisa Sammaritano, MD, Taryn Youngstein, BSc, MBBS, MD, FRCP

3:25 **Closing Remarks**

3:30 PM EDT **Adjourn**